



# Boys & Girls Club of Northeast Florida 2022 SFSP Lunch Menu

**STUDENT PRICE: NO CHARGE**

## Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Wow Butter Sandwich (2M, 2WG)	Turkey & Cheese Sandwich (2M, 2G)	Pita Dippers: Pita Chips, Shredded Mozzarella Cheese, & Pizza Sauce (2M, 1G, 1/4 cup V)	Whole Grain Crispy Chicken Nugget Salad (2M, 1 WG, 1 1/4 cup V)	Chicken Salad Sandwich (2M, 2 G)
Assorted 4 oz. 100% Juice (1/2 cup F)	Assorted Fresh Vegetable (1/2 cup V)	Assorted Fresh Fruit (1/2 cup F)	Assorted Fresh Fruit (1/2 cup F)	Assorted 4 oz. 100% Juice (1/2 cup F)
Assorted Fresh Fruit (1/2 cup F)	Assorted Fresh Fruit (1/2 cup F)	8 fl. oz. 1% Milk	8 fl. oz. 1% Milk	Assorted Fresh Fruit (1/2 cup F)
8 fl. oz. 1% Milk	8 fl. oz. 1% Milk		Ranch Packet	8 fl. oz. 1% Milk
	Mayo Packet			

## Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Wow Butter Sandwich (2M, 2WG)	Grilled Chicken Sandwich (2M, 2G)	Build-Your-Own Nachos: Whole Corn Tortilla Chips, Shredded Cheddar & Salsa (2M, 1G, 1/4 cup V)	Whole Grain Honey Mustard Chicken Nugget Salad (2M, 1WG, 1 1/4 cup V)	Build-Your-Own Munchable: 5 Turkey Ham Coins, Cheese stick & Whole Grain Dinner Roll (2M, 1 WG)
Assorted 4 oz. 100% Juice (1/2 cup F)	Assorted Fresh Vegetable (1/2 cup V)	Assorted Fresh Fruit (1/2 cup F)	Assorted Fresh Fruit (1/2 cup F)	Assorted Fresh Vegetable (1/2 cup V)
Assorted Fresh Fruit (1/2 cup F)	Assorted Fresh Fruit (1/2 cup F)	8 fl. Oz. 1% Milk	8 fl. oz. 1% Milk	Assorted Fresh Fruit (1/2 cup F)
8 fl. oz. 1% Milk	8 fl. Oz. 1% Milk		Honey Mustard Packet	8 fl. oz. 1% Milk
	BBQ Packet			Mustard Packet

Need specific fruit or juice for when served with assorted juice - must be different

Can we alternate the 2nd Monday and Wednesday meals

Are the measurement (V) supposed to be F?