

 BOYS & GIRLS CLUBS OF NORTHEAST FLORIDA		 serving up happy & healthy <b>SUMMER 2025</b>		 BOYS & GIRLS CLUBS OF NORTHEAST FLORIDA	
Week 1					
COLD MEALS:	Monday	Tuesday	Wednesday	Thursday	Friday
Meat/Meat Alternate Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	Beef Bologna & Cheese Sliders	Turkey, Turkey Salami & Cheese Wrap	Turkey & Cheese Crossiant	Italian Combo Wrap	Turkey Ham & Cheese Hoagie
Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Bun (WG)	Wrap (WG)	Crossiant (WG)	Wrap (WG)	Bun (WG)
Vegetable Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	100% Vegetable Juice Blend (Cherry Star)	100% Vegetable Juice Blend (Wango Mango)	100% Vegetable Juice Blend (Dragon Punch)	100% Vegetable Juice Blend (Cherry Star)	100% Vegetable Juice Blend (Wango Mango)
Fruit or Vegetable Ages: 1-18: ¼ c	Applesauce	Fresh Whole Oranges	Peaches	Fresh Apple	Fresh Whole Oranges
Milk (8oz) Ages 1-5: 6oz; Ages 6-18: 8oz	Choose up to 1 item(s) 1% Low-fat Milk 1 each Chocolate Skim Milk 1 each	Choose up to 1 item(s) 1% Low-fat Milk 1 each Chocolate Skim Milk 1 each	Choose up to 1 item(s) 1% Low-fat Milk 1 each Chocolate Skim Milk 1 each	Choose up to 1 item(s) 1% Low-fat Milk 1 each Chocolate Skim Milk 1 each	Choose up to 1 item(s) 1% Low-fat Milk 1 each Chocolate Skim Milk 1 each

Week 2					
<b>COLD MEALS:</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Meat/Meat Alternate Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	<b>Turkey &amp; Cheese Wrap</b>	<b>Italian Combo Wrap</b>	<b>Turkey &amp; Ham Combo Sliders</b>	<b>Turkey &amp; Cheese Wrap</b>	<b>Turkey Pepperoni &amp; Cheese Wrap</b>
Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Wrap ( <b>WG</b> )	Wrap ( <b>WG</b> )	Bun ( <b>WG</b> )	Wrap ( <b>WG</b> )	Wrap ( <b>WG</b> )
Vegetable Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	100% Vegetable Juice Blend (Cherry Star)	100% Vegetable Juice Blend (Wango Mango)	100% Vegetable Juice Blend (Dragon Punch)	100% Vegetable Juice Blend (Cherry Star)	Marinara Sauce Cup
Fruit or Vegetable Ages: 1-18: ¼ c	Applesauce	Fresh Whole Oranges	Peaches	Fresh Apple	Fresh Whole Oranges
Milk (8oz) Ages 1-5: 6oz; Ages 6-18: 8oz	Choose up to 1 item(s) 1% Low-fat Milk 1 each Chocolate Skim Milk 1 each	Choose up to 1 item(s) 1% Low-fat Milk 1 each Chocolate Skim Milk 1 each	Choose up to 1 item(s) 1% Low-fat Milk 1 each Chocolate Skim Milk 1 each	Choose up to 1 item(s) 1% Low-fat Milk 1 each Chocolate Skim Milk 1 each	Choose up to 1 item(s) 1% Low-fat Milk 1 each Chocolate Skim Milk 1 each